



Outaouais Branch — March 2022 Infoletter

Dear members:

The purpose of this newsletter is to send you the latest news from your section, particularly:

1. Notice of Meeting for the 30th Annual General Meeting of NAFR - Outaouais
2. Branch Advocacy Priorities Survey Results from February
3. Survey on Severance Pay
4. Estate Planning Videoconference – March 15, 2022
5. Audiology Videoconference – March 22, 2022
6. Le District and le Village Riviera, new partners in the member discount program
7. L'Académie des retraités de l'Outaouais (ARO) Golf Tournament
8. March, International Women's History Month
9. Volunteer position – Chapter Services Coordinator

1. Notice of Meeting for the 30th Annual General Meeting of NAFR - Outaouais

We are pleased to invite you to the Annual General Meeting (AGM) of the Outaouais Branch which will take place in-person at the Buffet des continents on **Wednesday, April 20, 2022, from 9:30 a.m. to 12:00 p.m.** Refreshments will be offered starting at **9:00 a.m.** A meal will also be offered following the AGM. Attendance prizes will be drawn at the end of the meeting.

PRESENTATION

Come and hear from Dr. Guy Morissette on the subject of medically assisted dying in the Outaouais. If you have specific questions for Dr. Morissette, please submit them to us by email at aga@anrf-outaouais.ca no later than April 12, 2022.

DOCUMENTATION

A copy of the minutes of the 2021 AGM, financial statements, proposed resolutions, nomination documents, as well as all other documents relevant to this meeting are available on our web page [2022 | Federal Retirees \(retraitesfederaux.ca\)](https://2022.federalretirees.ca). A hard copy of the 2021 Annual Report will be provided to you upon your arrival.

Registration

Registration is required to attend the 2022 AGM and you must confirm your attendance no later than April 15, 2022. To register, **click here** : <https://poll.app.do/assemblee-generale-annuelle-retraites-federaux-outaouais>. For any questions about the AGM, do not hesitate to contact us by email at aga@anrf-outaouais.ca or by phone at (819) 776-4128.

We would like to thank Groupe Forget, National Bank Financial, Le District and Village Riviera for sponsoring the meal offered to you at the Annual General Meeting.



2. Branch Advocacy Priorities Survey Results from February

In the February newsletter, I invited you to complete a short survey to let us know the importance you attach to the questions that we will be asking MPs at a future meeting. In addition, we wanted to know what claim situations concern you so that we can present them to the MPs during our meetings with them.

Two topics emerged clearly from the survey in terms of the issues:

1. Home care: Several members believe that keeping seniors at home should be the Association's priority, particularly an increase in the assistance available and the tax credits offered to them and to caregivers.
2. Dental and drug insurance: The members consider that the coverage does not keep step with indexation and above all, many are asking that dental insurance be at the same coverage as for federal employees. Many are calling for the abolition of the 80% coverage ceiling, or even full reimbursement of 100%.

With respect to the Public Service Health Care Plan (PSHCP), regular meetings have taken place since the bargaining process began in earnest. Although progress was slowed due to the 2021 federal election, in February 2022 the three partners (employer, bargaining agents and pensioner representative) met.

During this meeting, the employer announced that it had received its mandate from the President of the Treasury Board, which means that negotiations on the renewal of the plan continue to move forward and that all parties are committed to reaching an agreement quickly.

This webpage provides the most recent updates from the national office:

<https://www.federalretirees.ca/en/news-views/news-listing/pshcp-renewal>

In addition to these two issues, it should be noted that the pension indexation rate has caught the attention of some members who consider that the rates do not represent the true rate of inflation.

On this subject, the following two articles provide a good explanation and updates:

<https://www.federalretirees.ca/en/news-views/news-listing/november/pension-indexing-rate-for-2022-> and <https://www.federalretirees.ca/en/news-views/news-listing/november/what-you-need-to-know-about-pension-indexation-and-inflation.>

Other topics covered include severance pay, access to care, health care funding, long-term care, and help with Phoenix issues.

Thank you for completing the survey. Supporting advocacy for your interests is our number one priority.

3. Survey on Severance Pay

Federal retirees who worked in the public service before 2011 are entitled to severance pay calculated based on years of service. However, several of our members have told us that they have experienced great difficulty in obtaining this within a reasonable period of time after retirement. Others are still waiting to obtain information on the time frame for care and treatment.

We invite **members affected** by this situation to participate in this survey in order to know the extent of the problem so that we can inform the National Office and be able to consider local support measures. Please complete this survey by March 25, 2022: <https://poll.app.do/sondage-sur-les-indemnitees-de-depart-3312334>

4. Estate Planning Videoconference



The Outaouais Branch invites you to this videoconference offered by Florentina Vasile, Financial Planner at the National Bank. She will present the steps for estate planning, types of wills, the best time to revise our will, the consequences of dying without a will, strategies to reduce or defer tax on death, and, who inherits our pension fund upon our death.

The presentation will be offered on March 15 at 2 p.m.

If you are interested, you must register here :

https://fedretirees-retraitesfed.zoom.us/meeting/register/tZAlde6rrTMoG91RjzkJR0Qx6IYCiAqFitVW?_ga=2.108812165.681303022.1647278899-1088460394.1602182888

5. Videoconference on Audiology



You no longer hear the birds singing? Do you make people around you repeat themselves? Of course, that changes everything!

The Outaouais section invites you to participate in this videoconference on audiology, presented on March 22 at 2 p.m. Étienne Laroche, audioprosthétiste, will show you ways to detect hearing loss, explain what tinnitus is, which organizations offer financial support, and introduce you to new hearing aid technologies.

To participate in this session, you must register by clicking on this link: https://fedretirees-retraitesfed.zoom.us/meeting/register/tZlvdemtrDwtGtX1yllfmCcD_XA4rhV2yWM?_ga=2.234421342.1975078367.1646833124-1088460394.1602182888

6. Le District and le Village Riviera, new partners in the member discount program



The National Association of Federal Retirees, Outaouais Branch is pleased to announce that the Katasa group, owner of Le District and Village Riviera residences, are now partners in the member discount program. Upon presentation of a membership card, the two residences will offer 5 stainless steel appliances and the first month's rent free on a rental agreement of 12 months or more.



In addition, upon signature of a lease of 12 months or more, you have the choice between a reimbursement of up to a maximum of \$1,000 of moving expenses, or one year of free indoor parking valued at \$1,500.00.

7. L'Académie des retraités de l'Outaouais (ARO) Golf Tournament

After several years of interruption, the ARO is organizing its golf tournament on Monday, June 6 at the Tecumseh golf club, to benefit school perseverance. This project consists of, among other things, motivating school perseverance among young people with challenges by giving them ten (10) \$500 scholarships to encourage them to continue their studies.

Thanks to our partnership with the ARO, the members of the ANRF - Outaouais benefit from the same registration rate as the members of the ARO:

- Golf cart and dinner included: \$110 members instead of \$135 for non-members
- Dinner only: \$35 (members and non-members)

Do you want to organize a foursome or just join for dinner? Communicate directly with the l'Académie des retraités de l'Outaouais at 819-776-5052 and specify that you are a member of the ANRF Outaouais.

8. March is International Women's History Month

March is International Women's History Month. Learn about Canadian women who have left a lasting mark on our country by visiting [the Government of Canada's History of Women in Canada: Timeline webpage](#).

9. Volunteer position - Chapter Services Coordinator

Are you looking for a concrete way to share your skills and support your fellow retirees? The senior volunteer position currently available in the Quebec Region may be the opportunity you have been looking for. [Click here for more details \(text in French only\)](#)

Looking forward to seeing you again at one of our various activities. We hope to finally see each other again at our first in-person event in over two years, our AGM on April 20th.



Donald Déry, Président

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<https://www.federalretirees.ca/en/branches/quebec/outaouais-branch>

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