

September 2022



Outaouais Branch — Infoletter for the month of September 2022

Dear members:

The purpose of this newsletter is to send you the latest news from your branch, particularly:

1. Save the date – NARF-Outaouais 30th Anniversary Banquet
2. Demands of the NARF-Outaouais to the candidates of the provincial elections
3. September 21 videoconference – First Nations rights (Quebec branch)
4. UTAO fall programming and annual activity on September 21
5. Videoconference of September 27 – Rights of residents in RPA (Montreal branch)
6. Guide – Programs and services for seniors 2022 from the Government of Quebec
7. Travel Differently – Conférence La Force de l’amitié – October 26, 2022

1. Save the date – NARF-Outaouais 30th Anniversary Banquet



To celebrate the 30th anniversary of your branch, we have reserved the Papineau room at the Palais des congrès de Gatineau on Saturday, December 3.

Book this date now and we will inform you very soon of the details so that you can obtain tickets for this evening activity open to all members and their guests.

2. Demands of the NARF-Outaouais of the candidates in the provincial election

As part of the provincial election, the National Association of Federal Retirees, Outaouais branch sent correspondence to the candidates of the 8 provincial ridings under its jurisdiction. The objective was to put forward the demands of seniors and to propose policies and programs aimed at improving the living conditions of seniors in Quebec. It also aimed to find out the intentions of the candidates and their priorities.

The following three demands were presented to the candidates:

1. Care and services for the elderly
2. A provincial senior's strategy
3. Modernization of the health system and front-line services

3. September 21 videoconference – First Nations rights (Quebec branch)

The Quebec branch is pleased to invite you to a videoconference on the *Rights and Realities of First Nations in Quebec* on Wednesday, September 21, 2022, at 10:00 a.m. The presentation offered in French will be made jointly by Me Wina Sioui, legal counsel on law relating to First Nations, and M. Médéric Sioui, historian and broadcaster.

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To participate in the presentation, Registration is required. You may do so by following this link: <https://fedretirees-retraitesfed.zoom.us/meeting/register/tZlPduGogj8uHtbGvLMeuKMw34z9RfoHO0g>



4. UTAO fall programming and annual activity on

September 21 L'université du troisième âge en Outaouais (UTAO) recently launched its fall program. Its team of volunteers has developed an always interesting program with courses and conferences on varied and topical subjects, which will meet your expectations. For more information on activities, please consult:

<https://www.usherbrooke.ca/uta/prog/outaouais/>

You are also invited to register for UTAO's annual activity, accessible to the general public, which will be held at 7 p.m. on September 21 at Salle Jean-Després, at the Maison du citoyen de la ville de Gatineau. Admission: \$10 and underground parking available and free after 6 p.m.

On this occasion, trainers Louis Favreau and Lucie Fréchette, Profs. Emeritus at UQO and respectively holders of a doctorate in sociology and psychology, will present ***Solidarité internationale et développement des communautés à l'heure de l'urgence climatique et de la guerre en Ukraine.*** Register here: http://utao_confouverture_2022.eventbrite.ca

5. Videoconference of September 27 – Rights of residents in RPA (Montreal branch)

The Montreal branch is pleased to present a conference on Life in a Private Residence For Seniors presented by Me Hélène Guay. Me Guay will talk with you about the rights and duties arising from the environment in which we live and the fundamental rights that attach to everyone regardless of their living environment and will answer your questions. This is a free conference for our Federal Retirees members that will be held virtually on Tuesday, September 27, 2022, at 1:30 p.m. via Zoom.

To register for the virtual conference (in French), we invite you to click on the link below **no later than September 22, 2022**: [Droits des résidents en RPA](#)

6. Guide – Programs and Services for Seniors 2022 from the Government of Quebec

The printed edition of the Government of Quebec's Programs and Services for Seniors 2022 guide is now available at [Services Quebec offices](#) in Quebec. You may also consult the Web or PDF version at [Québec Programs and Services for Seniors](#).

The Programs and Services for Seniors guide is designed to facilitate access to government programs and services for seniors and their loved ones. In particular, you can find information on health and social services, transportation, housing, justice, and tax credits. The online version provides direct access to the various organizations or departments for more information.

7. Travel Differently – Conférence La Force de l'amitié – October 26, 2022

Would you like to travel meeting local people, staying in their homes, sharing their food, and learning about their way of life and traditions? Would you like to receive people from another country and introduce them to your culture? If so, come and learn more about the "Force de l'Amitié", which has more than 350 clubs around the world, including a French-speaking club in the Canada's capital region.

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This conference in French is presented by Claire Morissette and offered by the l'Académie des retraités de l'Outaouais (ARO) at the Cabane en bois rond in Gatineau, or online on Wednesday, October 26 at 1:30 p.m. Register by October 12 by contacting the ARO at 819-776-5052, indicating that you are a member of ANRF-Outaouais. The ARO will send you a link if you wish to participate in the meeting virtually.

Hope you had a great summer. Looking forward to seeing you again at one of our various activities this fall.



Donald Déry, President
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<https://www.federalretirees.ca/fr/sections/quebec/section-outaouais>

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